

Menu

Educating Tastes, Educating Minds



Week One

05/09/16, 26/09/16, 17/10/16, 07/11/16,
28/11/16, 19/12/16, 09/01/17

MEAT FREE

French bread vegetarian pizza
Vegetable cous cous
Green salad
Sweetcorn & red pepper salad
Coleslaw
Iced Finger

Week Two

12/09/16, 03/10/16, 24/10/16, 14/11/16,
05/12/16, 26/12/16, 16/01/17

Flavoured chicken wraps
Vegetable tortilla stack
Savoury rice
Garden Peas & Sweetcorn
Home baked oat & raisin cookie

Week Three

19/09/16, 10/10/16, 31/10/16, 21/11/16,
12/12/16, 02/01/17, 23/01/17

All Day Breakfast
Sausage / Vegetarian sausage
Scrambled egg
Baked beans, tomatoes & mushrooms
Hash brown
Bread & butter
Banoffee Pancake

Some of these dishes include:



Sustainably Sourced Fish



Red Tractor Farm Assured



Locally Produced/In Season



Free Farming

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Oven baked sausage
Vegetarian sausage
Mashed potato
Carrots & green beans
Fruit topped rice pudding

Scouse
Vegetable Hot Pot
Beetroot
Broccoli
Crusty bread
Chocolate orange drizzle cake

Italian pasta Bolognese
Pasta Provencale
Crusty bread
Garden peas & carrots
Baked pear & toffee sponge with custard

Traditional roast dinner
Vegetable pasta bake
Roast potatoes
Seasonal vegetables
Flavoured ice cream & toppings

Traditional roast dinner
Cheese & onion pie
Roast potatoes
Seasonal vegetables
Ice cream roll

Traditional roast dinner
Spanish omelette
Roast potatoes
Seasonal vegetables
Flavoured ice cream & toppings

Chinese style chicken curry
Vegetable & bean burrito
Pilau rice
Broccoli & sweetcorn
Homemade banana muffin

Indian style chicken curry
Courgette pasta bake
Steamed rice
Naan bread
Green beans & carrots
Apple & cinnamon crumble with custard

Southern style baked chicken
Cheese & tomato tart
Savoury rice
Sweetcorn & green beans
Homemade spiced apple muffin

Fish fingers
Homemade cheese & onion pasty
Mushy peas or baked beans
Chips
Italian lemon sponge with lemon drizzle

Crispy battered fish
Salmon goujons
Five spice veggie noodles
Mushy peas or baked beans
Chips
Fruity flapjack

Fishy Friday
Stuffed potato skins
Mushy peas or baked beans
Chips
Iced pineapple cake

EVERYDAY

Sandwiches
Jacket potatoes
Fresh cut fruit
Yoghurt